

## WE'RE HERE FOR YOU AND YOUR LOVED ONES

When a loved one has a life-limiting illness, Hospice By The Bay offers quality, compassionate medical care, while ensuring that the patient's family members and caregivers have the practical, emotional and spiritual support that is so essential during a difficult time.

Hospice By The Bay's goal is to promote our patients' dignity, independence and quality of life through every precious moment of life by ensuring that they are comfortable and free from pain. Our skilled team works with the patient's own physician to create an individualized care plan to meet this goal.

Care is provided during regular visits by the Hospice team members at the bedside, wherever the patient calls home — a family residence, long-term care facility or hospital.

A nurse is available by phone 24 hours a day to answer questions or visit if needed.

Emotional support for those anticipating or coping with the loss of a loved one is also available to community members through our Grief Counseling Program.

Licensed by the State of California, Hospice By The Bay is Medicare and Medi-Cal certified and accredited by the Community Health Accreditation Program (CHAP).



*Caring for Generations*

Hospice By The Bay is a non-profit, independent, 501(c)(3) corporation, caring for patients, families and the community in Marin, San Francisco, Northern San Mateo and Sonoma counties

### MARIN COUNTY

17 East Sir Francis Drake Boulevard  
Larkspur, CA 94939

(415) 927-2273

(415) 925-9302 Fax

### SAN FRANCISCO & N. SAN MATEO COUNTIES

1902 Van Ness Avenue, 2nd Floor  
San Francisco, CA 94109

(415) 626-5900

(415) 563-8749 Fax

### SONOMA COUNTY

190 West Napa Street  
Sonoma, CA 95476

(707) 935-7504

(707) 935-7590 Fax

### ADMISSIONS

(888) 720-2111

(888) 767-1919 Fax

[www.hbtb.org](http://www.hbtb.org)



# HOSPICE BY THE BAY

*Caring for Generations*

FOUNDED IN 1975



Providing compassionate care  
to those living with serious illness,  
their families and the community

*Serving Marin, San Francisco,  
Northern San Mateo and Sonoma Counties*

## THE COMFORT OF QUALITY HOSPICE AND PALLIATIVE CARE, AND GRIEF COUNSELING FOR ADULTS AND CHILDREN

### Nursing Care

A registered nurse oversees all aspects of a patient's care and is in regular contact with the patient's personal physician. The nurse monitors the patient's comfort and ongoing condition, assists with addressing pain and symptoms, manages any effects of medications, nutrition and orders medical equipment, supplies and prescriptions. Hospice By The Bay may also provide physical, occupational or speech therapy, and dietary counseling.

### Leadership, Expertise and Experience

The second oldest hospice in the nation, Hospice By The Bay draws from a depth of expertise and experience to care for patients and support their families.

### Ensuring the Highest Quality of Care and Comfort

Hospice By The Bay is a leader in satisfaction and quality of hospice and palliative care. We regularly survey patients, families and physicians to ensure that our care meets the highest standards.

### Social Workers

Social workers counsel patients and their loved ones about how to cope with illness and end-of-life issues, as well as offering practical information about additional helpful resources and services.



Photos by Marianne Gontarz-York

### Home Health Aides

To help with patients' personal care and safety, aides may assist with bathing, grooming and dressing, while teaching patients and caregivers the best ways to do these tasks.

### Spiritual Support Counselors

Our interfaith counselors offer spiritual support to patients and families. They can also assist with funeral and memorial planning.

### Trained Volunteers

Community volunteers offer patients caring companionship, respite for family caregivers and help with household chores or grocery shopping. Other certified volunteers nurture patients' well-being through their skills in bodywork or playing music and visits with their trained animals.

### Community Grief Counseling

Open to all community members, our professional counselors offer individual grief counseling and groups for children, teens and adults who are coping with or anticipating the loss of a loved one. Grief support for groups who share a loss is also available.

### Palliative Care & Pediatric Program

In partnership with some hospitals, our Team offers comfort care for patients with serious or advanced illnesses, regardless of diagnosis, prognosis or treatment. Care focuses on relieving pain and improving quality of life. Our pediatric experts also care for children and teens as they continue curative treatments, while offering support to their families.



**“How can we begin to thank you for the support you gave us?”**

We wanted to keep my mother at home – you made that possible. We wanted to keep her as comfortable as possible – you showed us how. You took care of the family as well, by understanding and by caring. It is a comfort to know that we did the best we could for my mother. Thank you for making that possible.”

~A GRATEFUL HOSPICE FAMILY

## CARE ELIGIBILITY AND COVERAGE

**Hospice Care** is for patients with a life-limiting illness who choose to seek comfort care, rather than curative treatment. Eligibility is decided by the patient's physician or Hospice By The Bay's medical director, who certifies that the patient has a prognosis of six months or less.

Our **Grief Counseling Program** offers a sliding fee scale for anyone in the community coping with grief and loss. Family members of patients on hospice receive some counseling free of charge.

Hospice and palliative care is covered by Medicare, Medi-Cal and private insurance, so families have little or no out-of-pocket costs. Medications, medical supplies and equipment are generally covered.

**To support our work**, Hospice By The Bay gratefully accepts tax-deductible donations to help see that everyone who needs us has access to compassionate care. We are honored by the generous support of community members and businesses. Contact us or visit our website to learn how you can get involved.